

RALEIGH ORTHOPAEDIC

Pioneering Orthopaedics Since 1919

- Hand & Wrist • Shoulder & Elbow • Spine • Hip & Knee • Foot & Ankle •
- Sports Medicine • General Orthopaedics • Total Joint Replacement •

Wound Care

You will leave the hospital with an Aquacel dressing covering your wound, please remove this one week from your discharge from the hospital. You may shower with the Aquacel dressing in place. If there is excessive drainage from your wound please call the office; do not remove the dressing. Once removed you do not need to cover the wound (unless clothing is uncomfortable); but, if you would prefer you can use ABD pads or gauze for coverage, these can be obtained from a local pharmacy. Please do not put ointments or creams on your wound. Do not submerge your wound (bath, swimming pool, hot tub, etc.) until you have been cleared by your doctor and the wound is entirely healed. You can shower and use soap as normal. Slight itching is normal before the staples or stitches are removed. If the wound has drainage, redness or appears infected please call the office at 919-781-5600 ext. 5043 for instructions.